

# **Piano Made Easy - Free Starter Pack**

Play Your First Piano Song Today

Then Learn 7 Real Songs Step by Step  
Without sheet music, pressure, or overwhelm

By Yesi

Piano Made Easy



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## Welcome

Hi, I'm Yesi, and I created this starter pack because I know exactly how it feels to want to play piano, but not know where to begin.

When I came back to piano as an adult, I was overwhelmed.

Too much theory.

Too many rules.

Nothing sounded good.

And I almost gave up.

What I needed wasn't more information.

I needed something that let me play music straight away.

That's why this free pack is split into two simple parts.

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## How to Use This Starter Pack

This guide is designed to get your hands on the keys quickly, without pressure or confusion.

Part 1 helps you play your very first piece using a simple hand position and an easy pattern.

No sheet music.

No chord names.

No theory overload.

Once you've done that, you'll move straight into Part 2, where you'll learn real, recognisable songs using the same beginner friendly approach.

You don't need to rush.

You don't need to be perfect.

You just need to follow the steps and let your hands learn naturally.

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## What You'll Learn Inside

By the end of this pack, you'll be able to:

- Find your starting notes with confidence
- Place your hands comfortably on the keyboard
- Play a complete beginner melody
- Add a simple left hand pattern
- Start learning real songs that actually sound musical
- Build confidence without memorising theory or reading sheet music

This works whether you're a complete beginner or someone returning to piano after years away.

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# Start Here

Begin with Part 1 and take it slowly.

Once you've played your first short piece, move straight on to Part 2, where you'll find step by step tutorials for seven real songs you can enjoy playing right away.

This isn't about rushing to the finish line.

It's about making piano feel enjoyable again from the very first session.

Let's start. 

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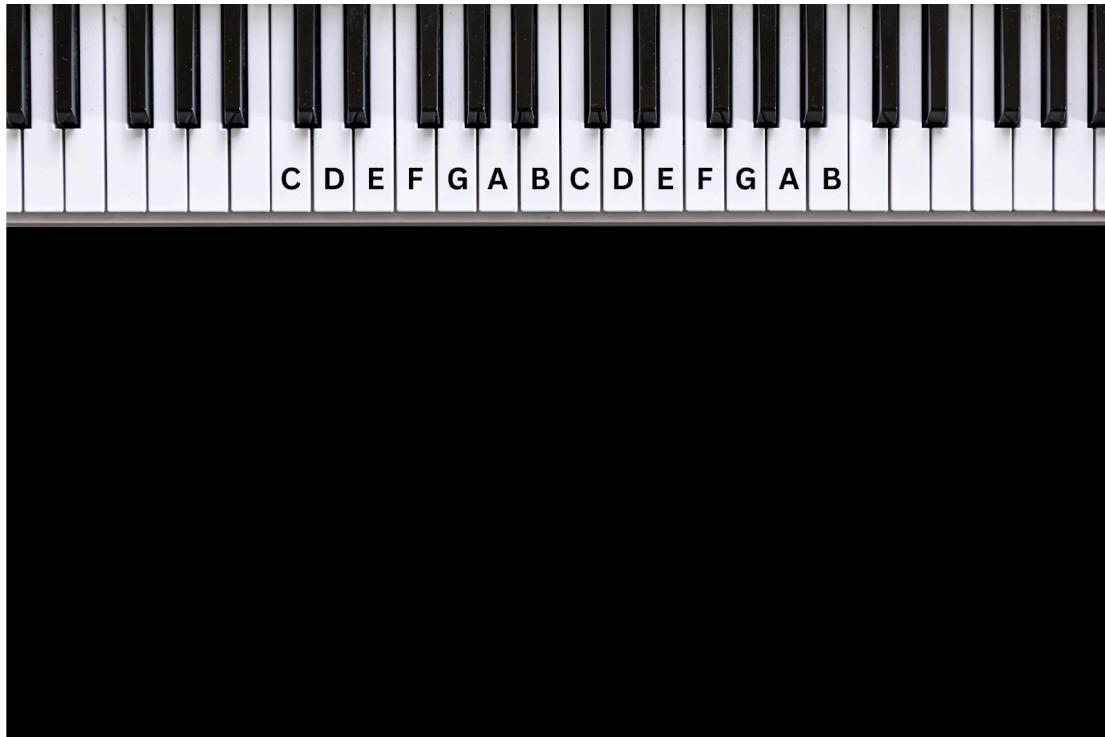
## Step 1: Find Middle C (Super Easy)

1. Place your hands roughly in the centre of your keyboard.
2. Look for a group of two black keys next to each other.
3. The white key directly to the left of those two black keys is C.
4. Middle C is usually the C that's closest to the middle of your keyboard.

 That's your home base.

We'll build everything from this one note.

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Middle C and the notes C–D–E–F–G on the keyboard.

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## Step 2: Finger Placement (No Theory Needed)

We'll just use the right hand for now.

Number your fingers like this:

- 1 = thumb
- 2 = index finger
- 3 = middle finger
- 4 = ring finger
- 5 = pinky

Now place them on these notes:

- Thumb (1) → C

- Finger 2 → D
- Finger 3 → E
- Finger 4 → F
- Pinky (5) → G

All five fingers are now resting on five neighbouring white keys.

You don't need to memorise anything fancy.

Just keep your hand relaxed and let your fingers rest gently on the keys.

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### **Step 3: Your First Melody**

Now, using those finger numbers, play this pattern slowly, one note at a time:

1 – 2 – 3 – 1 – 1 – 2 – 3 – 1

That means:

- thumb → index → middle → thumb
- thumb → index → middle → thumb

This is a beginner version of “Ode to Joy” — a real melody people recognise instantly.

It might feel clumsy or “robotic” at first. That’s completely normal.

Repeat it a few times until your hand starts to remember the pattern.

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### **Step 4: Add a Simple Rhythm (This Is Where It Becomes Music)**

Now we'll make it sound more musical using a really simple rhythm.

Think: Short – Short – Long

Try this:

- Play 1 (short)
- Play 2 (short)
- Play 3 (long) – hold it slightly longer

Now apply that idea to the full pattern:

- 1 (short) – 2 (short) – 3 (long)
- 1 (short) – 2 (short) – 3 (long)

Tap your foot gently to keep time, or count:

“one – two – threeee... one – two – threeee...”

You've just moved from “pressing notes” to actually making music.

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## Step 5: Expand Into a Full Mini Song

Now we'll extend the melody using the same five notes.

Add this new pattern:

3 – 4 – 5 – 5 – 4 – 3 – 2 – 1

So now your full melody is:

- 1–2–3–1–1–2–3–1
- 3–4–5–5–4–3–2–1

Play it slowly at first.

You just played a complete tune using only five notes and finger numbers.

This is very similar to how Pianoforall teaches:

simple patterns → real songs fast

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## Step 6: Your First Left-Hand Pattern (Super Simple)

Don't panic — your left hand is going to do something very easy.

Find the C below middle C with your left-hand pinky (finger 5).

All you're going to do is:

- Play one left-hand C every time your right hand starts the pattern.

Example:

- Left hand: play C once
- Right hand: 1–2–3–1

Then repeat:

- Left hand: C
- Right hand: pattern again

You're not trying to be perfect — you're just adding a low pulse underneath the melody. This makes your playing sound fuller and more “piano-like”, as if you've been practicing for weeks.

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## Step 7: Your First “Real Song” Version

Now combine everything:

- LEFT HAND:
  - Play C (the low C) once every 4 beats
- RIGHT HAND:
  - Play the full melody with the short–short–long rhythm

Go slowly.

If you get lost, just stop, breathe, and restart from the first pattern.

You now have a simple but complete version of a real melody, using:

- 5 right-hand notes
- 1 left-hand note
- a super easy rhythm pattern

That's your first song, built from almost nothing.

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## What to Do Next

If you enjoyed this little taster, imagine learning:

- full songs from start to finish
- both hands working together confidently
- beautiful chords that sound rich and emotional
- modern rhythms and patterns you can reuse in lots of songs
- hundreds of real pieces, step-by-step

This is exactly why I recommend Pianoforall — the course that helped me return to piano with confidence and joy.

With Pianoforall, you get:

- lifetime access
- over 1,000 lessons
- a beginner-friendly structure
- a focus on playing real music, not just exercises

👉 [Click here to continue your piano journey](#)

Don't wait months to hear real music coming from your own hands.

You've already played your first song — this is just the beginning. 🎹✨

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*Continue to next page for second bonus freebie section*

## Now let's play real songs 🎵

# 7 Real Songs You Can Play as a Beginner (Bonus Section)

By Yeshi – Piano Made Easy

Welcome 

If you're reading this, you've already taken a huge step.

Most people who want to play piano never get past the idea of it.

You're here because you want to actually make music.

This song pack was created for one reason:

To help beginners play real, recognisable songs without overwhelm.

No heavy theory

No sheet music required

No pressure to be perfect

Just simple patterns, calm movement, and music that sounds good early on.

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### How to Use This Song Pack

You do not need to learn all of these songs at once.

In fact, please don't.

Pick one song and stay with it for a few days.

Let your hands relax.

Let the movements feel familiar.

Each song:

- can be played slowly
- works with very simple versions
- sounds musical even with basic technique

You can play:

- right hand only
- or add left hand when it feels comfortable

There is no rush.

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## A Quick Reminder Before You Start

If something feels hard:

- slow it down
- simplify
- take a breath
- restart calmly

Progress at the piano is quiet.

Confidence builds slowly.

That's normal.

You're not trying to impress anyone.

You're learning to enjoy playing.

Let's begin 

*This song pack follows the same pattern based approach I learned from Pianoforall, starting simple and building confidence through real music.*

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## 🎵 Jingle Bells

A Fun, Confidence-Building Beginner Song

### Why This Song Is Great for Beginners

Jingle Bells is one of the easiest and most rewarding songs to learn early on.

It's:

- familiar
- upbeat
- short
- forgiving if you make mistakes

Even with a very simple version, people recognise it instantly.

This song helps you:

- build confidence
- practise moving your fingers smoothly
- feel a steady beat
- enjoy playing something fun

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## Step 1: Right Hand Starting Position

We'll stay in the same five-note position.

Place your right hand like this:

- Thumb (1) on C
- Finger 2 on D
- Finger 3 on E
- Finger 4 on F
- Finger 5 on G

Keep your hand relaxed and curved.

Let your fingers rest gently on the keys.

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## Step 2: The Main Melody Pattern

Using finger numbers only, play this slowly:

3 – 3 – 3

3 – 3 – 3

3 – 5 – 1 – 2 – 3

Repeat this a few times until it feels comfortable.

This is the main part of Jingle Bells.

Go slowly at first.

Speed comes later.

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## Step 3: Keep a Steady Feel

Jingle Bells works best when the rhythm feels steady.

Think:

Even – Even – Even

Try tapping your foot lightly while you play.

Don't rush the notes.

Let them be even and clear.

If you lose your place:

Stop and restart calmly.

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## Step 4: Add a Simple Left Hand (Optional)

Only add this when the right hand feels easy.

With your left hand:

- Find the C below middle C
- Use your pinky (finger 5)

Play one low C every time you start the melody.

That's it.

You're not trying to be fancy.

You're just adding a simple base sound.

If this feels tricky:

Leave it out for now.

Right hand alone is perfectly fine.

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## Step 5: Put It Together

Now play:

- the right hand melody
- with an even, steady feel
- and optional left hand C notes

Keep everything light.

If something goes wrong:

Smile

Stop

Start again

This song is meant to be fun.

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## Helpful Reminder

If it starts to feel messy:

Slow it down.

Clear and slow always sounds better than fast and tense.

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## You Just Played a Real Song 🎶

Even if:

- you hesitated
- some notes felt clumsy
- the rhythm wobbled

You still played a song people know.

That's a big win.

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## What to Do Next

Play this song a few times a day.

Each time:

- relax your hand
- keep the beat steady
- enjoy the sound

When you're ready, try another song in this pack to keep building confidence.

You're learning more than you think.

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## 🎵 Silent Night

A Calm, Beautiful Song for Beginners

### Why This Song Is Perfect to Learn

Silent Night is one of the best songs you can learn as a beginner.

Not because it's flashy

But because it's slow, forgiving, and peaceful

You don't need speed

You don't need fancy technique

You don't need to play it perfectly

This song helps you:

- relax your hands

- connect notes smoothly
- play without rushing
- enjoy the sound you're making

Even played very simply, it sounds beautiful.

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## Step 1: Right Hand Starting Position

We'll stay close to middle C, just like in the first guide.

Place your right hand like this:

- Thumb (1) on C
- Finger 2 on D
- Finger 3 on E
- Finger 4 on F
- Finger 5 on G

Let your hand rest gently on the keys.

No stretching.

No forcing.

Just relaxed fingers.

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## Step 2: The Main Melody Pattern

Using finger numbers only, play this slowly:

3 – 4 – 3 – 1

3 – 4 – 3 – 1

Then:

5 – 5 – 4 – 3 – 2

3 – 3 – 2

This is the main melody of Silent Night.

Go slowly.

If you hesitate, that's normal.

Stop and restart whenever you need.

You are learning movement, not racing to the end.

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## Step 3: Make It Sound Musical

Silent Night is not about speed.

It's about long, calm sounds.

Think:

Long – Long – Gentle Pause

Hold most notes a little longer than feels natural.

Let the sound fade before moving to the next note.

If it feels slow, you're doing it right.

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## Step 4: Add a Simple Left Hand (Optional)

Only add this when the right hand feels comfortable.

With your left hand:

- Find the C below middle C
- Use your pinky (finger 5)

Play one low C at the start of each part of the melody.

That's all.

You're not keeping strict time.

You're just adding a gentle low sound underneath.

If this feels like too much:

Skip it for now.

The song still works with just the right hand.

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## Step 5: Put It Together Calmly

Now combine:

- the right hand melody
- slow, relaxed timing
- optional left hand C notes

Go slower than you think you should.

If you make a mistake:

- stop
- breathe
- restart from the beginning of the phrase

This is not a performance.

This is learning.

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## Helpful Reminder

If your hands feel tense, slow down.

Silent Night sounds better when it's:

- slower
- softer
- simpler

Let the music settle.

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## You Just Played a Real Song 🎵

Even if:

- you stopped a few times
- some notes felt awkward
- it wasn't perfect

You still played:

- a real melody
- on a real piano or keyboard
- using both hands if you chose to

That matters.

This is how piano progress actually feels.

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## What to Do Next

Stay with this song for a few days.

Each time you play:

- relax a little more
- let notes connect
- enjoy the calm feeling

When you're ready, move on to another song in this pack.

You're not rushing.

You're building confidence.

*This is the same idea used throughout Pianoforall, simple movements that sound musical early on.*

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## **Let It Be – The Beatles**

A Simple, Emotional Song for Beginners

### **Why This Song Works So Well**

Let It Be is one of the best songs to learn as a beginner because it sounds full and emotional without being complicated.

You don't need speed

You don't need fancy finger work

You don't need to play it loud

Even played slowly, it sounds beautiful.

This song helps you:

- get used to playing chords
- keep a steady rhythm
- feel how songs repeat

- play something that feels “grown-up”

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## Step 1: Right Hand Chord Shape

We're going to use a very simple chord shape.

Place your right hand like this:

- Thumb (1) on C
- Finger 3 on E
- Finger 5 on G

This is often called a C chord, but you don't need to remember the name.

Just remember the shape.

Let all three notes sound together.

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## Step 2: Play the Chord Slowly

Press all three notes at the same time.

Hold them.

Let the sound ring out before playing again.

Play the chord slowly like this:

Press → hold → release

Press → hold → release

This already sounds musical.

---

## Step 3: Move to the Next Shape

Now shift your hand slightly to this shape:

- Thumb (1) on G
- Finger 3 on B
- Finger 5 on D

Press all three notes together.

Again:

Press → hold → release

You are now moving between two simple chord shapes.

Don't rush the movement.

---

## Step 4: Keep a Calm, Steady Feel

Let It Be is not meant to feel fast.

Think:

Slow – Calm – Even

If it feels slow, that's good.

If you need to pause between chords to reset your hand, do it.

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## Step 5: Optional Left Hand Support

Only add this when the right hand feels easy.

With your left hand:

- Play a low C when you play the C chord
- Play a low G when you play the G shape

One note only.

You are adding weight, not complexity.

If this feels awkward:

Skip it for now.

---

## Step 6: Put It Together

Now play:

- right hand chords
- slowly and evenly
- optional single left-hand notes

You are not aiming for perfection.

You are aiming for:

- steady sound
- relaxed hands
- confidence

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## Helpful Reminder

This song sounds best when you don't rush.

Long, held chords are your friend.

Let the music breathe.

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## You Just Played a Real Song 🎵

Even with:

- just two chord shapes
- slow movement
- simple timing

You are already playing something recognisable and emotional.

That's real piano playing.

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## What to Do Next

Stay with these two chord shapes for a few days.

Once they feel comfortable, you can explore adding more chords later.

For now:

- enjoy the sound
- stay relaxed
- trust the simplicity

You're building a strong foundation.

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## 🎵 Lean On Me – Bill Withers

A Song That Teaches Rhythm and Feel

### Why This Song Is Great for Beginners

Lean On Me is one of the best songs for learning how rhythm actually feels on the piano.

It's:

- slow
- steady
- repetitive
- very forgiving

You don't need fast fingers or complicated movement.

What matters most here is keeping things even and relaxed.

This song helps you:

- feel a steady pulse
- get comfortable repeating patterns
- play with confidence
- make simple chords sound musical

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## Step 1: Right Hand Starting Shape

We'll start with a simple chord shape.

Place your right hand like this:

- Thumb (1) on C
- Finger 3 on E
- Finger 5 on G

Press all three notes together.

Hold the sound.

Let it settle.

This shape will come back again and again.

---

## Step 2: Play the Chord With a Steady Pulse

Instead of rushing, think in even steps.

Try this:

Press → hold → release

Press → hold → release

Keep each press the same length.

Imagine gently tapping your foot while you play.

Consistency matters more than speed.

---

## Step 3: Move to the Next Shape

Now shift your hand slightly to this shape:

- Thumb (1) on F
- Finger 3 on A
- Finger 5 on C

Again:

Press all three together

Hold

Release

Move back and forth between the two shapes slowly.

Pause if you need to reset your hand.

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## Step 4: Optional Left Hand Support

Only add this when the right hand feels easy.

With your left hand:

- Play a low C when you play the C shape
- Play a low F when you play the F shape

One note only.

You are adding weight underneath, not complexity.

If this feels awkward:

Skip it for now.

---

## Step 5: Keep the Groove Simple

Lean On Me works best when everything feels even and calm.

Think:

Steady – Steady – Steady

Don't rush changes.

Let each chord land fully before moving on.

If something goes wrong:

Stop

Breathe

Restart

That's part of learning.

---

## Helpful Reminder

This song is about feel, not perfection.

If it feels relaxed and steady, you're doing it right.

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## You Just Played a Real Song 🎵

Even with:

- only two chord shapes
- slow movement
- simple timing

You're already playing something recognisable and musical.

That's real progress.

---

## What to Do Next

Play this song a few times a day.

Each time:

- keep the pulse steady
- relax your hands
- enjoy the sound

*Learning this way is exactly why Pianoforall focuses on chords and patterns instead of heavy theory at the start.*

## 🎵 Heart and Soul

A Fun Pattern Song for Both Hands

## Why This Song Is So Popular

Heart and Soul is famous because it's built on a simple repeating pattern that sounds full and impressive very quickly.

You don't need to read music

You don't need fast fingers

You don't need to remember lots of notes

Once the pattern clicks, your hands almost play on their own.

This song helps you:

- coordinate both hands
- get used to repeating patterns
- feel confident at the keyboard
- enjoy playing something upbeat

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## Step 1: Left Hand Pattern

We'll start with the left hand, because this song is built on it.

Find these notes with your left hand:

- C (use finger 5)
- G (use finger 2)
- A (use finger 1)
- E (use finger 3)

Now play them in this order:

5 – 2 – 1 – 3

That's:

C – G – A – E

Play this slowly and repeat it.

This is the main pattern of Heart and Soul.

Don't rush it.

Let it loop.

---

## Step 2: Keep the Pattern Steady

Play the pattern evenly, like a gentle bounce.

Think:

Down – Up – Down – Up

If your hand feels tense:

Slow down.

This pattern is meant to feel comfortable, not forced.

---

## Step 3: Add the Right Hand Chord Shape

Once the left hand feels familiar, add the right hand.

Place your right hand on:

- C (thumb)
- E (finger 3)
- G (finger 5)

Press all three together.

Hold the chord while the left hand plays its pattern.

---

## Step 4: Put Both Hands Together

Now combine:

- left hand repeating the pattern
- right hand holding the chord

Don't worry about lining things up perfectly.

If it falls apart:

Stop

Reset

Start again

That's part of learning coordination.

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## Step 5: Change the Right Hand Shape

Once this feels comfortable, you can move the right hand to a new shape:

- F
- A
- C

Then later:

- G
- B
- D

Move slowly between shapes.

You don't need to memorise names.

Just focus on the shape and sound.

---

## Helpful Reminder

This song clicks suddenly.

One moment it feels awkward,

then suddenly it feels easy.

That's normal.

Trust the repetition.

---

## You Just Played a Real Song 🎵

Even with:

- one left hand pattern
- simple right hand shapes
- slow tempo

You're playing something that sounds full and fun.

This is why pattern-based learning works so well.

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## What to Do Next

Spend a few days looping this pattern.

Each time:

- relax your shoulders

- let your hands settle
- enjoy the groove

When you're ready, move on to a flowing song like Moon River to balance rhythm with calm movement.

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## 🎵 Moon River

A Slow, Flowing Song for Relaxed Playing

### Why This Song Is Perfect for Beginners

Moon River is slow, gentle, and very forgiving.

You don't need speed

You don't need strong fingers

You don't need to rush

This song is about letting your hands move calmly and smoothly.

It helps you:

- relax your hands and shoulders
- connect notes naturally
- avoid tension
- enjoy the sound you're making

Even a very simple version sounds beautiful.

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### Step 1: Right Hand Starting Position

We'll stay close to middle C again.

Place your right hand like this:

- Thumb (1) on C
- Finger 2 on D
- Finger 3 on E
- Finger 4 on F
- Finger 5 on G

Let your hand rest gently on the keys.

No stretching.

No forcing.

---

## Step 2: The Main Melody Shape

Using finger numbers only, play this slowly:

3 – 5 – 4 – 3 – 2

3 – 2 – 1

Then repeat it.

Go slowly.

Let each note finish before moving to the next.

This shape captures the gentle rise and fall of the melody.

---

## Step 3: Let the Notes Flow

Moon River sounds best when notes connect smoothly.

Think:

Long – Gentle – Smooth

Hold notes slightly longer than you think you should.

Let the sound fade naturally.

If it feels very slow, that's exactly right.

---

## Step 4: Optional Left Hand Support

Only add this when the right hand feels comfortable.

With your left hand:

- Find the C below middle C
- Use your pinky (finger 5)

Play one low C at the start of each melody section.

That's all.

You're adding depth, not complexity.

If this distracts you:

Skip it for now.

---

## Step 5: Play Without Rushing

Now combine:

- the right hand melody
- slow, flowing timing
- optional left hand C notes

Breathe between notes.

If you make a mistake:

Stop

Reset

Start again calmly

This song rewards patience.

---

## Helpful Reminder

If your hands feel tight, slow down.

Moon River should feel calm, not busy.

---

## You Just Played a Real Song 🎵

Even if:

- some notes weren't clean
- you stopped a few times
- it felt fragile at first

You still played a real melody with feeling.

That's real piano playing.

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## What to Do Next

Stay with this song for a few days.

Each time you play:

- relax a little more
- let notes connect
- enjoy the calm sound

You now have a set of songs that cover:

- fun
- rhythm
- patterns
- chords
- calm, flowing playing

That's a strong beginner foundation.

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## **Can't Help Falling in Love – Elvis Presley**

A Slow, Gentle Song for Smooth Playing

### **Why This Song Is Great for Beginners**

Can't Help Falling in Love is slow, calm, and very forgiving.

You don't need speed

You don't need strong fingers

You don't need to rush

This song sounds beautiful when played simply and slowly.

It helps you:

- move between notes smoothly

- stay relaxed at the keyboard
- avoid rushing
- focus on sound instead of mistakes

Even a very basic version feels emotional.

---

## Step 1: Right Hand Chord Shape

We'll start with a simple chord shape.

Place your right hand like this:

- Thumb (1) on C
- Finger 3 on E
- Finger 5 on G

Press all three notes together.

Hold the sound.

Let it fade before playing again.

This shape will return often.

---

## Step 2: Move to the Next Shape Slowly

Now move your hand to this shape:

- Thumb (1) on F
- Finger 3 on A
- Finger 5 on C

Again:

Press → hold → release

Move back and forth between these two shapes slowly.

Pause between changes if you need to reset your hand.

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## **Step 3: Keep Everything Calm**

This song works best when nothing feels rushed.

Think:

Slow – Soft – Even

Let each chord ring fully before moving to the next.

If it feels almost too slow, you're doing it right.

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## **Step 4: Optional Left Hand Support**

Only add this when the right hand feels comfortable.

With your left hand:

- Play a low C when you play the C shape
- Play a low F when you play the F shape

One note only.

You're adding depth, not difficulty.

If this feels distracting:

Skip it for now.

---

## Step 5: Let the Sound Connect

Now combine:

- right hand chords
- slow timing
- optional left hand notes

Try not to lift your hands too quickly.

Let the sound finish naturally before moving on.

This is what gives the song its gentle feel.

---

## Helpful Reminder

If your hands feel tense:

Slow down even more.

This song rewards patience.

---

## You Just Played a Real Song 🎵

Even with:

- simple chord shapes
- slow movement
- minimal notes

You're playing something recognisable and emotional.

That's real piano playing.

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## What to Do Next

Play this song slowly for a few days.

Each time:

- relax your hands
- listen to the sound
- enjoy how calm it feels

You now have songs that teach:

- rhythm
- patterns
- chords
- calm movement

That's a solid beginner foundation.

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## Before You Close This PDF

If you played even one song in this pack, you've already crossed the hardest part.

You didn't just press notes.

You made music that sounded like music.

You learned that:

- piano doesn't have to feel overwhelming
- simple patterns can sound rich and emotional
- slowing down actually makes you sound better

- confidence comes from small wins, not perfection

That's real progress.

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## If You Want to Keep Going

If this way of learning felt good to you, there's a reason.

This song pack is built on the same idea that helped me properly return to piano as an adult: play real music first, understand later.

That's exactly how Pianoforall works.

Instead of endless drills, it focuses on:

- simple patterns you reuse again and again
- real songs early on
- both hands working together naturally
- learning by feel, not pressure

It gives you a clear path forward without overcomplicating things.

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## Your Next Step (When You're Ready)

If you'd like a full step by step system that builds on everything you've just done here, you can explore Pianoforall below.

 [Continue your piano journey with Pianoforall here](#)

This is the same approach I wish I'd had when I returned to piano as an adult.

No rush.

No pressure.

Even 10 to 15 minutes a day with the right structure goes further than hours of unfocused practice.

You've already started.

Now it's just about continuing 🎵

You can always come back to [pianomadeeasy.co.uk](http://pianomadeeasy.co.uk) if you want more free lessons and resources.